WHATEVER YOU DO.

The REC at FBC Owensboro Newsletter

"Where Recreation, Exercise, and Community connects people with God at FBC Owensboro."



Vision for The REC

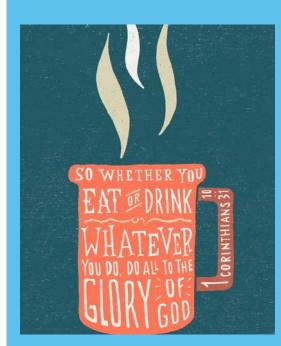
By Brad Winter

For those who do not know me yet, I am assuming that would account for most of the church. I am Brad Winter. I am originally from Philadelphia, Pa (Hence for the fast talking). I became a Christian at 17 years old and surrendered to ministry the summer after. My better half is Brittni, who is originally from Memphis, TN., gave her life to Christ her senior year in high school, and we met at UT Martin in Martin, TN. We have been married for over seven years and have two girls, Evie (4) and Ellie (1). I am a huge Steelers and Predators fan. I also love John 3:30 and consider that my life verse.

I truly believe that sports and recreation is one of the easiest ways to tear down barriers, build relationships, and share the saving knowledge of Jesus Christ. That is exactly the vision for The REC. I want to utilize this building in such a way that we make Owensboro famous for God. I am praying diligently for a God focused vision and the mission verse that I have latched on to for The REC and position that I am in, is 1 Corinthians 9:22-27. I want us as a church to become all things to all people, so that some might be saved.

I hope and pray that you are ready to come alongside FBC Owensboro and The REC to be a light in Owensboro and share the love of Jesus. I would love to have you join in on the fun of serving and praying as we go into the next chapter of the life of The REC at FBC Owensboro. SO, WHETHER YOU EAT OR DRINK, OR <u>WHATEVER YOU DO,</u> DO ALL TO THE GLORY OF GOD.

1 CORINTHIANS 10:31





Christian Athlete Highlight:

DeAngelo Giles, NC State Baseball

The game of baseball has taught me a lot about myself and life. I want this passion of mine as a platform for something much bigger. I want to reflect something much larger than myself. Playing with the understanding that it is not just about yourself can give you an entirely new perspective and focus. Whatever sport you play, whatever company you work for, whatever school you go to, God has a specific purpose and reason for you being there.It's important to understand that what you do does not define you, but it does provide you with an opportunity to represent God's Kingdom.



THANKSGIVING 2020

Source: https://sportsspectrum.com



5 METHODS FOR MANAGING MENTAL HEALTH

- 1. Music Therapy
- 2. Art Therapy
- 3. Equine Therapy
- 4. Dance Movement Therapy (DMT)
- 5. Ecotherapy

• • LOOKING FOR PRAYER PARTNERS

WOULD YOU BE INTERESTED IN JOINING THE REC PRAYER TEAM?

> EMAIL BRAD AT BWINTER@FBCOWB.ORG TO JOIN THE TEAM!



CLC BEATS SONGS TO ADD TO YOUR WORKOUT PLAYLIST

- 1. LITTLE LONGER- LIMOBLAZE, MELVILLOUS, CASS
- 2. STRONGER- ARTURY PEPPER
- 3. THE POWER+ TY BRASEL, KB
- 4. SNAPSHOT- MATTHEW PARKER, JSTEPH
- 5. BALCONIES- PAPER ROUTE
- 6. ECHO- ELEVATION WORSHIP, TAUREN WELLS 7. INFINITY- JESUS LOVES ELECTRO, MITCH WONG



CLC HIGHLIGHT

EVAN OVERALL CLC STAFF

- Age: 18
- From: Owensboro
- Sports: Bowling, Baseball
- Song on repeat: City of Angels-24KGoldn
- Bible Verse: Philippians 4:13
- Desired Career: Pharmaceuticals
- Highlight about working at the CLC: The weight room and time to work on school work.
- Movie: Passengers
- Superhero: Spiderman
- Video Game: Among Us
- Place to eat in OBKY: BWW
- Hidden Gem in OBKY: The river at sunset on the swings

#WeareFamily



LOVE OWENSBORO

BY BRAD WINTER

I wanted to challenge you with our mission verse here at The REC, 1 Corinthians 9:22-23. Paul says that he becomes all things to all people, so that some might be saved. He also does this not for his own self-gratification, but for the sake of the gospel, that he may share in its blessings. So, I want to challenge you, when is the last time that you gave up your own desire or plans to become "all things to all people?" When is the last time that you talked to someone who is talking to you about a subject you know nothing about, when you could be watching college football? When is the last time you picked up a hobby to reach a lost person?

In order to show Owensboro Christ, we have to get out of our comfort zones and bubbles and love on our neighbors!

To the weak I became weak, that I might win the weak. I have become all things to all people, that by all means I might save some. I do it all for the sake of the gospel, that I may share with them in its blessings. [1 Corinthians 9:22-23]

Your Sports Pastor, Brad