

# WHATEVER YOU DO.

*The REC at FBC Owensboro Newsletter*

*"Where Recreation, Exercise, and Community connects people with God at FBC Owensboro."*



## Summer 2023 Review!

By Brad Winter

Can you believe that August is here?!? Man, time sure does fly. The summer has been a happening place for The REC. We have gotten so popular, that FBC decided to host their Sunday morning worship in our gym. As we enter into August, it does not end the summer for The REC technically, so we will give you a sneak peak of what to expect in August as well.

So what happened this summer at The REC? Trivia Night was a great night. We had a total of 72 attend the night. It was a great night had by all with over 10 tables present.

The Thoroughbreds have come and gone and what fun that was. We, the church, hosted our Owensboro Thoroughbreds during the season as their practice facility.

Connect Camp 2023. Man, what an awesome week for FBC and the community of Owensboro on the KWC campus. We had 295 registrants, a high of 286 on campus on Monday of camp, and 22 known salvations. Yes, you read that right! What an awesome community ministry, right here in the heart of Owensboro. Parents have been bugging us to bring it back for a fourth time and we will June 24-28, 2024. Mark you calendars now! Also, one of our own Evan Overall was able to work Connect Camps all summer on the red team. To watch his interview about the summer, go find our latest livestream on Youtube by looking up FBC Owensboro 8.6.23 service.

Dominican Republic Mission Trip with GO Ministries was July 4-11, 2023. We do not have the space here to go into great detail. But, boy was it eye opening! Brock Quinton and Brad Winter went to the DR and join forces with two groups from Richmond, KY. God is doing BIG things in the DR. We will have a share service on August 20th. You do not want to miss it!

What does fall look like at The REC? Brad works as a Character Coach for Apollo Football and their season starts on August 18th at Owensboro Catholic. We are also bringing back our Fantasy Football Fellowship League for it's third season! The draft will be August 26th at a 6:30p at The REC. We will have food and pre-draft olympics. We will also meet once a month to have fellowship and get in the word. We would love for you to join us!

Stay posted on all things REC at @therecobky on all social media platforms. Just a heads up for September, we will run a back to school special and allow free access to The REC during the month of September! We will also have Outdoor Trivia Night on September 3rd from 6-7:30p, Bridgewalk on September 16th from 6:30am-1p, and our FBC Family Picnic at Reid's on September 17th from 4-7p. You can find out more information on these events on the second page of the newsletter or online at [www.fbcowb.org/TheREC](http://www.fbcowb.org/TheREC).

**"MY FLESH AND MY  
HEART MAY FAIL,  
BUT GOD IS THE  
STRENGTH OF MY  
HEART AND MY  
PORTION  
FOREVER."**

**PSALM 73:26**





**Christian Athlete Highlight:**

Shaq Barrett,  
Tampa Bay Buccaneers

Barrett said that he and his wife, Jordanna, have relied on each other and their faith in God after losing their two year old daughter to a drowning in the family's pool.

Barrett said, "We just talk to each other, talk through it with each other and just lean on each other to get ourselves through, and lean on the Lord as well," Barrett said.

"It just grounded me and made me realize what was important, and where I get the power from, where I get the strength to do all my daily activities, and then just the blessings that He keeps bestowing upon me and my family," Barrett said. "It's just amazing. I just want Him to know that. I want to give Him all the praise, honor and glory. That's the reason why I'm able to do everything that I'm able to do on the field, off the field — it's all because of Him."

Two months after Arrayah's passing, the Barretts announced they were expecting another baby girl. Jordanna posted, "I serve a God who cares, a God who gives, a God who takes away, a God who comforts, and a God who unwavering loves us when we do not deserve it," she wrote. "Thank you Jesus"

Source: <https://sportspectrum.com>

**Good Morning Everyone!**

Except anyone who uses Dunkin' Drive Thru and backs up traffic on Frederica



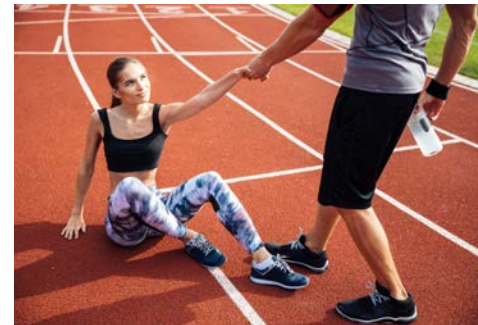
**UPCOMING EVENTS AT AND THROUGH THE REC IN SEPTEMBER!**



**REC SPOTLIGHT**  
MYKEL WHITNEY  
APOLLO FOOTBALL GRAD

- Age: 20
- From: Louisville, KY
- Sports: Football, Basketball, MMA
- Song on repeat: Running- Kid Laroi
- Bible Verse: Isaiah 41:10
- Desired Career: Film Director
- Highlight of The REC: Excitement of visitors when arriving
- Movie: Rush Hour
- Food: Pasta
- Snack: Sour Patch Kids
- Place to eat: Ritzzy's

#RECFam



**TEAMWORK!**  
BY BRAD WINTER

I have been a part of or been on the sidelines for teams that have everything put together and teamwork is the dreamwork. I have also been on teams or been on the sidelines for teams that want to play for themselves or just argue all the time.

We have seen some great teams in sports history win it all. Then in the off-season, ego gets in the way and the amazing team comes to a crashing end.

Nehemiah has a crazy vision. It is to go back to Jerusalem and rebuild the wall. The problem? He was just a cupbearer and was not high in society. But, he prayed and asked the King to see if he could allow him to go back and rebuild the wall. The king surprisingly said yes and gave him an abundance of supplies. Nehemiah took many families back with him and because of teamwork, even despite the hard times, Nehemiah and the team rebuilt the wall in 52 days. That is right, 52 days!

What is the point of all this? Just like Nehemiah and teams that's are success in their sport, the church needs to come together and work together in order to reach the community for Christ. Get out of your own way and see what God can do!

**"So we built the wall, and the entire wall was joined together up to half its height, for the people had a mind to work."** Nehemiah 4:6

Your Sports Pastor,  
Brad



**CLC BEATS**  
SONGS TO ADD TO  
YOUR WORKOUT PLAYLIST

1. EZ- KB
2. WHO THAT IS- SOCIAL CLUB MISFITS
3. RUNNING HOME- COCHREN & CO.
4. FINGERPRINTS- DAN BREMNES
5. FEELING GOOD- BLESSING OFFOR
6. LOVE LIKE THAT- HULVEY
7. THE CAVE- NEEDTOBREATHE