

WHATEVER YOU DO.

The REC at FBC Owensboro Newsletter

"Where Recreation, Exercise, and Community connects people with God at FBC Owensboro."



Trivia Night: Christmas Ed.

By Brad Winter

Trivia Night. Some call this type of event, the Olympics for nerds. I would beg to differ and say that it is a great night of fellowship with friends, memories made with family, and you can still sweat with the anticipation that your answer is correct. Maybe you hate to sweat, but either way, trivia nights can be a lot of fun.

I love that we get to host this event online through Zoom! The event will include six categories, such as Christmas songs, Christmas movies, Christmas history, Christmas traditions, Christmas foods, and Christmas and Religion. Answers will range from multiple choice, true or false, short answer, listing, and fill in the blank. All participants will keep score at home on their own and the rules will be announced at the start of trivia. There will also be a Christmas themed devotion to kick-off trivia night. There will be prizes from local businesses, who need our support more than ever right now.

I hope to see you or your family on Sunday, December 6th at 4:30 pm via zoom. You can scan the QR Code below to join in or find it on Facebook at "Virtual Trivia Night: Christmas Edition"! See you December 6th!



**TODAY IN THE TOWN OF
DAVID A SAVIOR HAS
BEEN BORN TO YOU; HE
IS THE MESSIAH, THE
LORD.**

LUKE 2:11





Christian Athlete Highlight:

Julie Ertz,
USWNT

Ertz helps to lead a group of women's soccer players. In 2020, the group's word of the year was "endurance," which Ertz has written on her wall along with the Bible verse Hebrews 12:1. "This race was already kind of written," Ertz said on the podcast. "Don't get caught up in the chaos and the things you can't control. And I think that piece is kind of something that is peace, because if something is going for us and it feels like you're in a storm, one of us will say it and it's at peace because it's like, 'Wow, this was already breathed in before the year already started.'"

Source: <https://sportsspectrum.com>



4 HACKS FOR PREPPING A HOLIDAY MEAL DURING A PANDEMIC

By Tiffany Ayuda

1. Make a rough menu
2. Get creative with ingredients
3. Store make-ahead dishes in freezer
4. Shop smart with meat

Read more at [live strong.com](https://www.livestrong.com)

LOOKING FOR PRAYER PARTNERS

WOULD YOU BE INTERESTED IN JOINING THE REC PRAYER TEAM?

EMAIL BRAD AT
BWINTER@FBCOWB.ORG
TO JOIN THE TEAM!



CLC BEATS

SONGS TO ADD TO
YOUR WORKOUT PLAYLIST

1. EVERYTHING WE NEED- KAYNE WEST
2. WONT BE MOVED- GENE MOORE
3. DARE TO DREAM- CLEMENCY
4. SIN MIEDO- DICRIS
5. WHAT ELSE YOU GOT?- THE PROTEST
6. BIRDS- BUILT BY TITAN, GRAPHITE MAN
7. OUT OF BODY- NEEDTOBREATHE



REC HIGHLIGHT

JAE LIN KIRK
REC STAFF

- Age: 19
- From: Bowling Green
- Sports: Soccer, Boxing
- Song on repeat: Can you Stand the Rain- New Edition
- Bible Verse: Matt. 5:38-40
- Desired Career: Acting
- Highlight about working at the REC: It's really fun and I can help and communicate with people.
- Movie: Titanic
- Superhero: Spiderman
- Video Game: FIFA
- Place to eat in OBKY: Freddy's
- Hidden Gem in OBKY:

#WeareFamily



THIS CHRISTMAS

BY BRAD WINTER

Christmas 2020. Just like everything else that has occurred in 2020, it looks quite different. There will be decisions to stay home and not visit family. There may be decisions to not go to the yearly Christmas Eve service because of COVID concerns. This may be the biggest Christmas shopping done online year ever. Lots of things have changed, but one thing remains the same. We still get to celebrate the birth of our Savior, Jesus Christ.

This Christmas I challenge you to start an Advent calendar with your spouse, your kids, your grandkids, even a friend of yours. A calendar for Advent is a great primer for Christmas because it keeps the focus on the birth of Jesus, the cross, and a need for a Savior. I am so thankful that God chose to send His one and only son down to the earth to die for my sins. Let's not forget that this Christmas season!

"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. John 3:16]

Your Sports Pastor,
Brad