

# WHATEVER YOU DO.

*The REC at FBC Owensboro Newsletter*

*"Where Recreation, Exercise, and Community connects people with God at FBC Owensboro."*



## New year, New REC

*By Brad Winter*

If 2020 taught else anything, it was the year to start over and try new things. Whether it be personally, in business, or church. In saying that, I do think this is the perfect time to push the restart button on The CLC and see how God can use The newly renamed REC to see people come to follow Jesus and lives changed. I know what you are thinking... "You know we are in a pandemic, right?" Yes and I encourage you to read the rest of this article.

With COVID all things are up in the air, but here are a few things to look forward to in 2021 at The REC. The first thing is that we are changing the membership tiers and going to an online database. Not only are the rates more community friendly, but it covers the entire facility. Also, with an online database, we can interact with our gym goers more through text and email. The second thing is The REC team or committee, which will have 14 members on it. They are passionate to see God glorified through sports and recreation, as well as community engagement. The third thing will be more activities throughout the year offered in and through The REC. Fourth, we just established a relationship with Cravens Elementary School and plan on jumping in and loving on the kids, families, and teachers that call Cravens home.

Last, be on the lookout for more information regarding Connect Camp coming to FBC Owensboro in June 2021. This camp will be geared towards reaching the K-5th grade demographic in our community, along with their families. God is going to do big things in 2021 at and in FBC Owensboro, I can just feel it. Will you join me and the staff in praying for FBC Owensboro and Daviess County in 2021?

**DEAR CHILDREN, LET  
US NOT LOVE WITH  
WORDS OR SPEECH  
BUT WITH ACTIONS  
AND IN TRUTH.**

**1 JOHN 3:18**





**Christian Athlete Highlight:**

Jonathan Isaac,  
Orlando Magic

"No cliché or pretense, I give all the glory to me being in this position to Christ," he wrote on Instagram. "He's been so good to me in spite of me. Those who know me know I am who I am because because of Him. Honoring Jesus has been and will always be worth it. Beyond any check or promotion, knowing Him and living for Him has been the best decision of my life. He's made me better in every way money cannot buy." "To anyone reading this know that God is not just a God of the hills but also the valleys. He's carried me through it all! And that's why there's no one I'd rather go through the valleys of life with!"

Source: <https://sportspectrum.com>



**YES, YOU'RE MORE LIKELY TO GET SICK IN COLD WEATHER – HERE'S WHY**

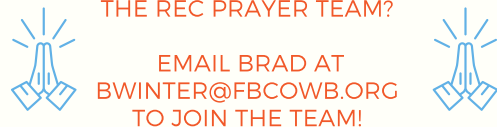
By Madeleine H. Burry

1. Viruses flourish in cold weather
2. The Cold Makes Us Spend More Time Inside
3. Cold, Dry Air Affects Your Nose
4. During Winter, You Get Less Vitamin D

Read more at [live strong.com](https://www.livestrong.com)

**LOOKING FOR PRAYER PARTNERS**

WOULD YOU BE INTERESTED IN JOINING THE REC PRAYER TEAM?



**CLC BEATS**

SONGS TO ADD TO YOUR WORKOUT PLAYLIST

1. CAN'T LOSE- MISSION
2. LIFTED- JONATHAN TRAYLOR
3. MY HELP- LASHON BROWN JR
4. NEVER ALONE- GUI BRAZIL, JOAO REIZ
5. FOR ME- ADAM LAMB
6. COUNTERFEIT- WOLVES AT THE GATE
7. WAKING UP- WE THE KINGDOM



**REC HIGHLIGHT**

BRAD WINTER  
MINISTER OF COMMUNITY ENGAGEMENTS AND ACTIVITIES

- Age: 31
- From: Philadelphia, PA
- Sports: Football, Basketball, Hockey
- Song on repeat: Banks- Needtobreathe
- Bible Verse: John 3:30
- Desired Career: Sports Analyst
- Highlight about working at the REC: Meeting all the new people
- Movie: Hitch
- Food: Brisket
- Candy: Reese's
- Place to eat in OBKY: City Walk
- Hidden Gem in OBKY: Panther Creek trails

#WeareFamily



**NEW YEAR, NEW YOU**

BY BRAD WINTER

A lot of us just want 2020 to be over. But here are a few things that were positive: more time with immediate family, time to reflect and refocus, time to start something new, and time to get outdoors. I know it is really easy to look at all the negative things, especially when you open social media, but let's give 2020 some credit and look at the positives that came from this past year.

So, 2021 is here and now what? I get to relax? Things go back to "normal?" Look to see what you can change for the betterment of you and your family. Is it to be intentional and love better, is it being consistent in your quiet time, is it to pray first, is it to tithe to the church more joyfully? There are so many things that you can do. Here are two things I want to challenge you with: don't dwell on 2020 and strengthen your relationship with the Lord and all else will follow!

"But seek first the kingdom of God and his righteousness, and all these things will be added to you." [Matthew 6:33]

Your Sports Pastor,  
Brad